



INDIAN SUPPORT CENTER
2 lane St, Wentworthville, 2145
www.indiansupportcenter.org.au
02 9863 5077

Adult survivors of child sexual abuse

Victims Services: 1800 633 063

www.victimsservices.justice.nsw.gov.au

Sexual abuse is a terrible crime that affects people for a long time. You may have been abused many years ago, but could still be suffering the consequences.

Disaster support

Disaster Welfare Services: 1800 018 444

Drugs and alcohol

[Alcoholics Anonymous](http://www.alcoholicsanonymous.org.au): 02 9799 1199

www.alcoholicsanonymous.org.au

[Family Drug Support](http://www.fds.org.au): 02 4782 9222 or 1300 368 186 www.fds.org.au

[Narcotics Anonymous](http://www.na.org.au): 02 9212 3444

www.na.org.au

Young people

[CREATE Foundation](http://www.create.org.au): 02 9267 0977 or 1800 655 105 www.create.org.au for young people in care

[Kids Help Line](http://www.kidshelp.com.au): 1800 55 1800

www.kidshelp.com.au

[Legal Aid Helpline](http://www.legalaid.nsw.gov.au): 1800 101 810

www.legalaid.nsw.gov.au

for under 18s, 9am to midnight weekdays, 24 hours weekends

[Twenty10 Association](http://www.twenty10.org.au): 02 8594 9555 or 1800 652 010 www.twenty10.org.au

Gay and lesbian youth services, 24 hours

Youth Lifeline: 13 11 14

Parenting

Childcare Access Hotline: 1800 670 305

[NSW Family Services](http://www.nswfamilyservices.asn.au): 02 9692 9999

www.nswfamilyservices.asn.au

They will help you find a service in your local area.

[Karitane](http://www.karitane.com.au): 02 9794 1852 or 1800 677 96

www.karitane.com.au

24 hour parenting information and counselling

[Parent Line NSW](http://www.catholiccare.org/families/parenting/parent-line-nsw): 1300 1300 52

www.catholiccare.org/families/parenting/parent-line-nsw

Telephone counselling, information and referral service for parents, carers and professionals who have concerns about a child aged 0 to 18 years. 9am to 9 pm Monday to Friday; 4pm to 9pm weekends; closed public holidays.

[Tresillian](http://www.tresillian.net/): 1300 272 736 www.tresillian.net/

24 hour information and counselling for parents or carers of children under five years

Health/ emergencies

In an emergency or life-threatening situation, call 000 immediately

[Children's Hospital Randwick](http://www.schn.health.nsw.gov.au): 02 9382 1111

www.schn.health.nsw.gov.au

[Children's Hospital Westmead](http://www.chw.edu.au/parents): 02 9845 0000

www.chw.edu.au/parents

Kidsafe: 02 9845 0890

Poisons Information: 13 11 26

Useful Contacts & Links

Domestic violence

Domestic Violence Line: 1800 656 463

www.domesticviolence.nsw.gov.au

[DV Advocacy Service](http://www.legalaid.nsw.gov.au): 1300 888 529

www.legalaid.nsw.gov.au

[Rape Crisis Centre](http://www.nswrapecrisis.com.au): 1800 424 017

www.nswrapecrisis.com.au

[Victim's Services](http://www.victimsservices.justice.nsw.gov.au): 1800 633 063

www.victimsservices.justice.nsw.gov.au

[Another Closet](http://www.anothercloset.com.au) - www.anothercloset.com.au

services and Information on violence in gay and lesbian relationships

Child abuse

Child Protection Helpline: 132 111

to report child abuse and neglect 24 hrs

Domestic Violence Line: 1800 656 463

General support & counselling

[Mission Australia Helpline](http://www.mission.com.au): 1300 886 999

www.mission.com.au

[CatholicCare Counselling](http://www.catholiccare.org): 13 18 19

www.catholiccare.org

[Lifeline](http://www.lifeline.org.au): 13 11 14 www.lifeline.org.au

[Relationships Australia](http://www.relationships.com.au): 02 9418 8800 or

1300 364 277 www.relationships.com.au

Traslation/language Service

[Multilingual information](http://www.multilingualinformation.org.au): 13 12 02

ISC Registration Number: INC1500501
ISC ABN: 72966316271
ISC Charity Reg No: CFN/23874

Homelessness

[Link2home](http://www.link2home.org.au): 1800 152 152

www.housing.nsw.gov.au

[Specialist homelessness services:](http://www.housing.nsw.gov.au)

www.housing.nsw.gov.au delivered by non-government organisations, form a vital part of the service system supporting people who are homeless or at risk of homelessness.

Financial support

[Centrelink - Family and parenting payments:](http://www.humanservices.gov.au)

13 61 50 www.humanservices.gov.au

[Child Support Agency Australia:](http://www.csa.gov.au) 131 272

www.csa.gov.au

help for separated parents over financial support of their children

[CreditLine](http://www.creditline.com.au): 1800 808 488

<https://www.wesleymission.org.au>

financial advice and referral, 9.30am-4.30pm Mon-Fri

www.commbank.com.au/support/dv-assistance

Family Referral Services

[Family Referral](http://www.health.nsw.gov.au) : www.health.nsw.gov.au

assist children and young people who do not meet the statutory threshold for child protection intervention but would benefit from accessing support to address current problems and prevent escalation. FRS provide information and link vulnerable children young people and their families to a

range of support services in their local areas. FRS is administered by NSW Health.

Foster care - after care

[Anglicare](http://www.anglicare.org.au): 02 9890 6855

www.anglicare.org.au

[Barnardos Australia](http://www.barnardos.org.au): 02 9218 2300 or 1800

066 757 www.barnardos.org.au

[Burnside Aftercare Services](http://www.burnside.org.au): 02 9768 6866

www.burnside.org.au

[Care Leavers of Australia Network](http://www.careleavers.org.au)

[\(CLAN\)](http://www.clan.org.au): 1800 008 774 www.clan.org.au

support group for people over 25 who were in orphanages, children's homes or foster care

[CatholicCare](http://www.catholiccare.org): 13 18 19

<https://www.catholiccare.org>

FACS Careleavers line 1800 994 686

[Family Tracing Service](http://www.familytracing.org.au): 02 9211 0277

(Salvation Army) [salvos.org.au](http://www.salvos.org.au)[familysearch](http://www.familysearch.org)

[Familink International Social Services](http://www.familink.org.au)

[Australia \(ISS\)](http://www.iss.org.au): 02 9267 0300 or 1300 657

843 www.iss.org.au

family tracing, reunion support services, including mediation

[Link Up Family Services \(NSW\)](http://www.linkupnsw.org.au): 02 9837 2200

or 1800 624 332 www.linkupnsw.org.au

for Aboriginal adults who were separated from their families as children through wardship, adoption, fostering or institutional care, as well as Aboriginal families who were separated from their children

[Post Adoption Resource Centre \(PARC\)](http://www.bensoc.org.au): 02

9504 6288 www.bensoc.org.au[parc](http://www.parc.org.au)

[Wesley Dalmar Child and Family Care –](http://www.wesleymission.org.au)

[Aftercare Services](http://www.wesleymission.org.au): 02 9804 7255

www.wesleymission.org.au[centres/wesleydalmar/foster.asp](http://www.wesleymission.org.au)

Adoptions

[Anglicare](http://www.anglicare.org.au): 02 9890 6855

www.anglicare.org.au

[Community Services Adoption and](http://www.community.nsw.gov.au)

[Permanent Care Services](http://www.community.nsw.gov.au): 02 9716 3000

www.community.nsw.gov.au

[Barnardos Australia Adoptions](http://www.barnardos.org.au): 02 9281 5510

www.barnardos.org.au

[CatholicCare Adoption Services](http://www.catholiccare.org.au): 13 18 19

www.catholiccare.org.au

[International Social Services](http://www.iss.org.au): 02 9267 0300

www.iss.org.au

[Link Up Family Services \(NSW\)](http://www.linkupnsw.org.au): 02 9837 2200

www.linkupnsw.org.au

for Aboriginal and Torres Strait Islander people

[Origins Inc](http://www.originsnsw.com): 02 8786 1035 for birth mothers

www.originsnsw.com

Parramatta Holroyd Adoption Self Help

Group: 02 9636 8437

[NSW Registry of Births, Deaths and](http://www.bdm.nsw.gov.au)

[Marriages](http://www.bdm.nsw.gov.au): 13 77 88 www.bdm.nsw.gov.au

[Post Adoption Resource Centre](http://www.bensoc.org.au): 02 9365

3444 www.bensoc.org.au[parc](http://www.parc.org.au)

[Salvation Army Post Adoption Service](http://www.salvos.org.au): 02

9211 0277 [salvos.org.au](http://www.salvos.org.au)

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